



Glasgow, A City of the Future: The EcCoWell Approach for 2020

9.30 am (Registration 9.15) Thursday 5th December 2013

**Glasgow University Union,
32 University Avenue, Glasgow G12 8LX**

This Learning City 2020 event, hosted by CR&DALL - the Centre for Research and Development in Adult and Lifelong Learning - and the PASCAL International Observatory, is the second of a series. It is part of a series of EcCoWell events, the first of which was hosted by the City of Cork in Ireland in September 2013.

The principles are simple: 'EcCoWell promotes integrating strategies to maximise the positive impacts on the health and educational opportunities of all citizens as well as developing the environmental and economic sustainability of the city, resulting in greater equality, social inclusion and ultimately quality of life'. Kearns (2013)

- Ec = Ecology & Economy
- Co = Community & Culture
- Well = Well-being & Lifelong Learning

Following the example of Cork, we seek to assess the opportunities for Glasgow to develop its commitments to a 'learning city', focusing in particular on the role of the university sector, and the health dimension of EcCoWell. We know that in the past Glasgow has seen itself as a globally renowned industrial city, a thriving Scottish business city and more recently a healthy and learning city. Has it the potential to be an EcCoWell city?

We welcome those who recently attended the Cork event, those interested in hearing more about EcCoWell and those interested in supporting Glasgow to be a place which promotes and attains good health and wellbeing as part of becoming a learning city of the future.

What are the benefits in becoming a Learning City 2020 and EcCoWell?

- Becoming a Learning City 2020 and taking on EcCoWell principles may be cost effective in building on and connecting action already taken across sectors such as health, environment, culture, and learning.
- It may add to the profile and identity of Glasgow as an enterprising city that is a good place to live and work in and to visit.
- It may strengthen community action (civil society) in support of this vision and shared aspiration.



Why should you attend an EcCoWell event on health and well being?

We have invited people who share our interest in health & wellbeing from a wide variety of backgrounds and asked practitioners and policy makers to provide us with food for thought. We will hear from those who have taken part in successful projects, which promote health and well-being. This include the Institute of Health and Wellbeing, *GoWell, EquallyWell*, the Scottish Training on Drugs and Alcohol (STRADA) on new ideas on drugs and alcohol, the Senior Studies Institute, the circle of care and support for recovery, food security and controversial food banks, and local community based projects concerned with both physical and mental health. To remind us of our links and connectedness to others globally we will hear from leaders and community members from Palestine connected with our Lifelong Learning in Palestine project, and from an eminent European scholar in the field of universities and regional engagement from Twente in the Netherlands. We will focus on 'connectedness' and 'recovery' through the building of social capital. This we hope will led to more new initiatives which will evidence that Glasgow is not only a healthy and a learning city but on the road to becoming an EcCoWell and Learning City of the future.

For more information on Learning Cities 2020 see <http://learningcities2020.org>

For more information on EcCoWell see <http://pie.pascalobservatory.org/eccowell>

For more information on Pascal, see <http://pascalobservatory.org>

For more information on Cradall, see <http://cradall.org>





Programme 0915 Registration

0930 *Opening Remarks* – Professor Mike Osborne, Director of PASCAL, University of Glasgow

Welcome – Professor Anne Anderson, Vice-Principal and Head of the College of Social Sciences

Local Links: Interventions and Collaborations in the City

0945 *Opening Presentation* - Maureen McKenna, Executive Director of Education, City of Glasgow

1000 *Panel Discussion*: Chaired by Josef Konvitz, Honorary Professor of Education at University of Glasgow

Panel guests

1. Professor Sally Wyke - Institute of Health and Wellbeing, University of Glasgow: *Progress and Change*
2. Professor Ade Kearns - GoWell project, University of Glasgow: *Studying Change in Glasgow's East End*
3. Sir Harry Burns, Chief Medical Officer for Scotland and Rosie Robertson: *Introduction to the Equallywell project*
4. Seamus O 'Tuama, Director of ACE at University College Cork: *Cork: an EcCoWell city*
5. Dr Teresa Piacentini (School of Education, University of Glasgow) and Dr Ima Jackson (Glasgow Caledonian University): *AHRC 'a healthier Scotland 'project - perspectives of health care practitioners, interpreters and migrants*

1100 – Tea/Coffee

1130 Local Parallel Workshops

1. Joy Barlow STRADA: *Circles of Care and Recovery Social Capital*
2. Anthony Davis (Director of Sport, University of Technology, Kingston, Jamaica and Margaret Layden (nghomes): *Commonwealth Games Legacy and Community Development*
3. Dr Rob Mark (Strathclyde University): *Promoting Pathways to Learning through Senior Studies*
4. Leah Middleton (Flourish House): *Regaining wellbeing in Clubhouses*



1230 – Lunch

International links: Connecting the global and the local in health and wellbeing for the Learning City 2020

1330 *Opening Presentation* Dr. Paul Benneworth, University of Twente, Netherlands:
Universities and Engagement – an International Perspective

1415 Keith Hammond (Centre for Open Studies, University of Glasgow) with representatives from Al-Quds University, Palestine: *Holistic responses to difficult challenges abroad*

1445 Short break

1500 International Parallel workshops:

5. Amal Azzudin and Jane Horne (Mental Health Foundation): *Working with women asylum seekers*
6. Margaret Sutherland (School of Education, University of Glasgow): *Food security*
7. Ben Williams (West of Scotland Racial Equality): *Impact of heritage on well-being*

16.00 Finale: BA in Community Development students